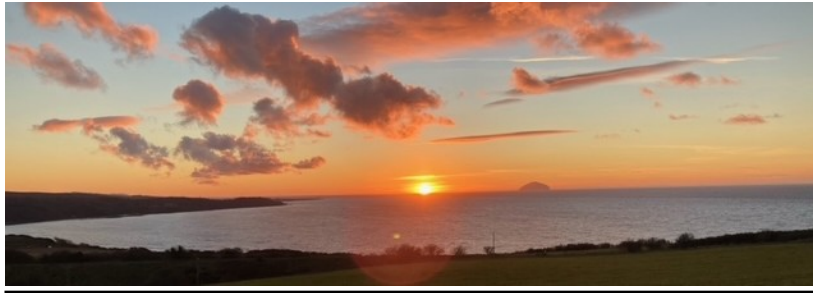


Columba News

January
2023
No. 250



Sunset over Ailsa Craig



Waiting to welcome you

Sundays	Team	Leader
January 29	Team 1	Mr R White
February 5	Team 2	Mrs F. Taylor
February 12	Team 3	Mrs A. Hope
February 19	Team 4	Mrs A. Brennan
February 26	Team 5	Mrs S. Mills
March 5	Team 6	Mr J. Hunter
March 12	Team 7	Mrs N. Mortimer
March 19	Team 8	Mr P. MacDonald
March 26	Team 9	
April 2	Team 10	
Holy Week	Team 11	
April 9	Team 12	
April 16	Team 1	
April 23	Team 2	
April 30	Team 3	

Evening Services:

January 29: Team 1; February 26: Team 5; March 26: Team 9; April 30: Team 3



From the manse *January 2023*

Dear Friends

By now, Christmas, Hogmanay, and New Year's Day will be distant memories!

Nevertheless, let me say, 'Happy New Year!' I wish you every blessing and success in 2023! For some, recent life changes will make life more difficult and challenging than had first been imagined. Whatever your story, be assured of my support, prayers, and good wishes. If you would like a visit, even for a simple chat, then please don't hesitate to contact me on scottsmckenna@aol.com or by telephone on 01292 226075 (and, please leave a message if I happen to be out). Let's hope and pray that this new year brings more stability and peace in the world, and more harmony in our society.



Over the course of this year, together with the Auld Kirk and St Andrews Church, St Columba will continue the process of furthering our local partnership. Historically, we are three communities with different strengths, interests, and preferences. As we journey together, it will be important to blend and share all that we have to offer and, at the same time, work positively and creatively with our differences. It will be a long road and, at times, uncomfortable but let us approach the future with openness, understanding, and imagination.



Life in the manse is never dull. Our dog, Rosie, is always on the go, and always up to mischief! She arrived November 2021 and is now fifteen months old. In the photo, Rosie is sitting next to a birthday card, which she received from a friend! Recently, her most naughty/adventurous episode was while on a trip to Edinburgh. In the dark and in the rain, Rosie found a dead squirrel. Her recall – generally – is very good unless she has a dead squirrel in her mouth! So, after 75 minutes in the darkand in the rainI managed to get her back and dispose of the squirrel. What this means is that 2023 will be the year in which she

learns the new command, 'Drop'. Or, 'DROP!'

With Advent and Christmas behind us, we may look forward to our Services of Holy Communion on Wednesday 25 and Sunday, January 29. On Sunday, February 5, we will mark the Feast of Candlemas (February 2). Candlemas marks the presentation of baby Jesus in the temple (Luke 2: 22 – 40). Across the world, Candlemas is celebrated in different ways.

While in our tradition Christmas decorations are removed by the twelfth day of Christmas (January 5), in other Christian traditions, the decorations are removed at Candlemas. During the festival of Candlemas, many Christians take candles to their local church to be blessed and then use those candles throughout the year. The blessed candle becomes a symbol of Jesus, the Christ, as the Light of the World. It is a sign of Christ's presence in the home.

Every blessing,

Blessings and peace to you.

Scott

Rev'd Dr Scott S McKenna

Warm Space is more than its name

Generally speaking we are sociable people, we like to chat, to meet others and to interact; we are interested in the hobbies and lives of others but our innate reserved personalities cause us to shy away from reaching out. Our Warm Space is more than a heated room. It is a meeting place for anyone.

It is a place to get to know new people or be with those with whom we are already familiar. Perhaps you prefer to do your own thing, but in the company of others or perhaps you have a lot to share that would brighten another's day.

We have a lovely team of willing volunteers who will provide tea, coffee and biscuits, and generally be on hand to help. There are games and magazines if you want them, folks who will chat or listen or a quiet corner to read a book.

Wherever you place yourself we would like everyone to know that there is a warm and genuine welcome waiting at Church with no other agenda but to offer a cup of tea and a biscuit and a place to be. Tuesday, Wednesday and Friday mornings 9.30am – 12.30pm.

Come on your own or come with friends we look forward to seeing you. **IB**



Ladies are full of Christmas style



Christmas is now just a happy memory but it gave the flower team the opportunity to meet together, not only to decorate the church but also to sit around the table for a chat.

We are a large team but only come together at Christmas, Easter and harvest so we thought you might like to meet the ladies who arrange the church flowers and Sunday bouquets.

Thanks to Corrie, Maggie, Janet, Marjorie, Muriel, Anne, Valerie, Anne, Christine, Aileen, Anne and Annabelle - and Sheena, Beryl, Moira and Anne who missed the photo!

Some thoughts from 2022

2022 was yet another very interesting year in the life of Ayr St Columba Church. As it opened, we were in the grip of the Omicron variant of Covid -19. Social distancing and face masks were the order of the day and church organisations were unable to meet.

Members were encouraged to book a place each Sunday and cards were placed in the pews to mark 'safe' places to sit.

Over the year we were gradually able to reduce the restrictions and see significant progress towards normality. It is very reassuring to have witnessed congregations of over a hundred at each morning service and to

have seen the return of monthly services on Sunday evenings and Wednesday afternoons. On the occasions when we have held a single morning service, such as Remembrance Sunday, it was wonderful to see the church full once more – in stark contrast to the days when we were limited to just 20 people!

Of course, the impact of the pandemic is still with us and it will take time for vulnerable people to feel safe in any busy environment. However, we look forward in hope and expectation to a time when the concerns will be negligible for us all.

As Covid concerns receded, it was inevitable that the Church of Scotland would provide another issue to occupy our minds. Faced with dwindling congregations across the country, with buildings which are expensive to maintain and a looming crisis concerning the number of people entering the ministry, they have responded in a manner which will affect us all. All across the country plans are being developed which will lead to churches being united, buildings being disposed of and new charges being formed.

Under the plan for Ayr, our church will eventually unite with St Andrews and with the Auld Kirk.

The St Andrews church buildings are to be disposed of within five years and a further review is to take place to decide which other church buildings might suffer the same fate. Lochside Church will survive and will come under the auspices of Newton Wallacetown. It all seems like a mighty upheaval, but it is very much our hope that Ayr St Columba will survive and so allow us to enjoy our worship here for the foreseeable future. We will, of course, keep you informed of developments in this matter.

Whilst we may not be able to control decisions made outside our church, there is much we can do to continue the great work being done within. We continue to benefit immensely from the many good and generous people who are active within our midst.

The quality of our Ministers and of our Music can stand bold comparison with any other church and the input of many of our members is of a commendably high standard.

To everyone who has contributed in the past year to committees, to duty teams, to organisations, by arranging events, by helping in activities, by supporting events, by their care for others, by their offerings for the church and for charities or simply by their attendance, I offer our grateful thanks and appreciation. Our church is safe in your hands.

Bob Bartholomew
Session Clerk



Heartstart training evening was a great success



34 members of the Door Duty teams and Kirk Session turned out on a cold, wet and wintry night in November to be educated and entertained by Jim Young and his team from Heartstart, Ayrshire and Arran.

We were treated to an informative and interesting session on basic life support and the correct use of our Defibrillator.



Scott's sermon preached from St Matthew 2: 13-23
on Sunday, January 1 2023

“An angel of the Lord appeared to Joseph in a dream and said, ‘Get up, take the child and his mother, and flee to Egypt, and remain there until I tell you, for Herod is about to search for the child, to destroy him’.”

Under the cover of darkness, Joseph embarked on a hazardous journey from Bethlehem. He woke from the dream and took with him his young wife, Mary, who had not long beforehand given birth, and Jesus, the newly born infant. In a fit of anger, Herod,



Herod the Great, the Tetrarch and Ruler of Judaea and King of the Jews, ordered that all male children under the age of two be killed. It is a vicious and bloody story and seldom, if ever, features in nativity plays! After some time living in the safety of Egypt, a second time an angel of the Lord appeared to Joseph: the angel assured Joseph that it was safe to return to the land of Israel. Joseph and his family made their way to Nazareth. What are we to make of this story?

In France, there is a tradition that a man named Aphrodisius housed the Holy Family in Egypt. In the Coptic tradition, it is said that the Holy Family visited many places while in Egypt. One might ask a difficult question of God: is it morally sound to save one child and let a thousand die by the sword of Herod's Roman soldiers? What are we to make of this story? Much of the birth narratives found in Matthew and Luke is mythology. For example, the magi, the wise men, follow the star from the east. This is no astronomical event. The births of Alexander the Great, King of Mace-



donia, and Julius Caesar, Dictator of the Roman Empire, were marked by the appearance of a special and unique star. Could it be that the slaughter of the innocents by Herod in the Gospel of Matthew is a reimagining of the slaughter of the innocents by the Pharaoh in the Book of Exodus? Is Jesus being portrayed as the new Moses?

At the time of Jesus' birth, the emperor of Rome was Caesar Augustus. According to Roman sources, it was said that a few months before Augustus was born, the Roman Senate feared the birth of one who would become king over Rome and, because of that, they ordered the death of all male children. Perhaps the stories of the slaughter of children is a genre of writing, a strange one nonetheless: a story which captures human fears – challenges to self interest and power – a story of human hopes – the possibility of peace, healing, and justice?

In the Gospel lesson today an angel of the Lord appeared to Joseph on two occasions: firstly, to warn him about the danger from Herod; and secondly, to tell Joseph that it was safe to leave Egypt and return to Judaea. The appearance of angels may sound strange to us, but that was not so in the ancient world. Angels appeared to Hagar, Abraham, Moses, the donkey of Balaam, Balaam, Gideon, the parents of Samson, and to many others in the Hebrew and Christian Scriptures. Such messengers were not unusual. Anecdotally, over the course of my ministry, I have spoken to people who truly believe that they have seen an 'angel', a heavenly being. What do you think? What has been your experience?

In Scripture, angels often appeared in a



dream. It was in two separate dreams that an angel appeared to Joseph. Mystical or heavenly dreams were part of the currency of the ancient world: they are found in Homer's *Iliad*, Virgil's *Aeneid*, and Ovid's *Metamorphoses*. Again to return to Caesar Augustus, there was a story told that a leading Roman citizen, Quintus Catalus, had a dream in which he saw a boy sitting on the lap of the god, Jupiter. When Quintus tried to remove the boy, Jupiter held the boy tight saying, 'The boy is being reared to be the saviour of his country'. The next day, Quintus met the boy Augustus for the first time and, on seeing his face, recognised the boy from his dream. He knew this boy would be emperor. In other words, stars and shepherds and wise men and evil villains and the slaughter of children and fleeing to safety and stables and inns and dreams and angels are a genre of writing: they were the currency of their day. What we need to ask is: what does the story of the birth of Jesus, told the way it is, mean for us today?

At our service of lessons and carols, I read a poem selected by His Majesty the King for a carol service held recently in Westminster Abbey. Written by the Revd Dr Malcolm Guite, a priest in the Church of England, it is called *Refugee*:

*We think of him as safe beneath the steeple,
Or cosy in a crib beside the font,
But he is with a million displaced people
On the long road of weariness and want.
For even as we sing our final carol
His family is up and on that road,
Fleeing the wrath of someone else's quarrel,
Glancing behind and shouldering their load.
Whilst Herod rages still from his dark tower
Christ clings to Mary, fingers tightly curled,
The lambs are slaughtered by the men of power,
And death squads spread their curse across the world.
But every Herod dies, and comes alone
To stand before the Lamb upon the throne.*

For me, in part at least, the Christmas story says that in the midst of the atrocities, injustices, and suffering of the world, God is there; God is born into the real world: the world of Herod and every Herod since. It is a particularly poignant line in Guite's poem that 'every Herod dies, and comes alone to stand before the Lamb upon the throne'. It can be incredibly difficult, if at times nigh on impossible, to be aware of the Presence of the Sa-

cred in the moment of our suffering. Sometimes, perhaps most often, God is felt only in retrospect but if we are able to still ourselves, settle our troubled souls even for a fleeting moment, we too may sense the Presence, that deep peace which this world cannot give. In the midst of the entire birth story, there is no sound from Jesus. Perhaps we can draw on His silence. At the centre of the story, the bloody story, God's silent presence is undeniably there.



The Kirk Session will next meet in the Midton Road Hall on Tuesday, February 21 at 7.30pm.

Panto fun for the youngsters



The youngsters and also the adults of the Sunday School headed off after their Nativity performance to the pantomime at the Palace Theatre in Kilmarnock and they had a great time. *Oh yes they did!*

Copy deadline for the April issue will be

Sunday, April 2

Copy should be emailed to editor.columbanews@gmail.com

New advertisers should also send their copy to the editor Norman Reid

SUNDAY SCHOOL NATIVITY



On Sunday, December 11, the Sunday School entertained the first service to a short Nativity presentation which culminated in them giving a very moving rendition of "Away in a Manger".

There wasn't a dry eye in the house.

Later they were treated to a visit to the Palace Theatre, Kilmarnock to see the Pantomime Snow White. A good time was had by all. *See page 11*





Stopping by Woods on a Snowy Evening

by Robert Frost

Whose woods these are I think I know.
His house is in the village though;
He will not see me stopping here
To watch his woods fill up with snow.

My little horse must think it queer
To stop without a farmhouse near
Between the woods and frozen lake
The darkest evening of the year.

He gives his harness bells a shake
To ask if there is some mistake.
The only other sound's the sweep
Of easy wind and downy flake.

The woods are lovely, dark and deep,
But I have promises to keep,
And miles to go before I sleep,
And miles to go before I sleep.

News from the new South West Presbytery

Note of the Presbytery meeting of the South West which took place online on 6 December 2022.

Conflict of Interest Policy: Presbytery instructed Kirk Sessions to take steps to adopt a conflict of interest policy in the form prepared by the Law Department as soon as practicable and in any event no later than 31 December 2022. The timescale was agreed at the 2022 General Assembly.

Presbytery Planning: Presbytery noted the current status of former Presbyteries to progress approval of their Presbytery Mission Plans before the end of 2022.

A special meeting will take place on December 13, 2022 in St Leonard's Church to consider the proposed amendments to the Ayr Presbytery Mission Plan.

Eight appeals/reviews have been lodged in respect of the Ardrossan Presbytery Mission Plan and one appeal/review is expected for the Irvine and Kilmarnock Presbytery Mission Plan.

Seeds for Growth Fund: Presbytery encourages congregations and mission projects to propose mission initiatives that meet the criteria for applications to the Church of Scotland Seeds for Growth Fund which opens in January 2023 and to send them to the Mission Committee Convenor, Gavin Niven.

Worship Teams: Presbytery adopted a 2-tier system of Worship Leaders: Presbytery Worship Leaders - who have been trained to lead worship in any congregation within the Presbytery bounds; and Congregational Worship Team Leaders - who can lead worship a part of a team within their home congregation.

Property Issues: Presbytery reminded all Session Clerks the proper procedures and Presbytery Standing Orders for progressing request for churches for carrying out alterations and works to church properties requiring approval.

Presbytery noted the sale of the church buildings at Catrine, Trinity and Annan and the sale of the church halls at Kelton Church and Riccarton Church.

Safeguarding Issues: Presbytery instructs Kirk Sessions to put in place a

Whistleblowing Policy as soon as possible. A template is available on the Church of Scotland webpage.

Presbytery instructs Ministers including parish ministers, interim ministers, associate ministers, probationers, OLM, readers, locums etc to undertake safeguarding training as prescribed by the Safeguarding Service - Ministers Safeguarding Learning Pathway.

Presbytery noted the change of title from Kirk Session Safeguarding Training to Trustee Safeguarding Training and instructs all active charity trustees to attend.

Presbytery instructs Kirk Sessions to ensure that all those doing regulated work (paid or voluntary) and charity trustees attend Safeguarding Training appropriate to their role no less than every 5 years.

Presbytery heard an appeal for more volunteers to learn how to be Safeguarding Trainers.

George Park
Presbytery Elder

Monday Fellowship moves to a new afternoon slot

Our meetings have come to a short break over the Christmas period and we have had varied and interesting speakers during the early part of our year.

Many thanks to them and all the members and visitors who attended.

Our meetings resume on Monday, January 16 at the new time of 2pm GMT (that's Guild Mean Time as they changed their meeting time throughout the season!)

We start off with a talk by Scotland's Charity Air Ambulance. This is followed by John Rattenbury on The Burrell Renaissance on January 30.

George Ballinger is giving us a talk on the Caledonian Canal (February 13) and our final speaker is Mikael Heddlin telling us all about the River Garden Project at Auchincruive (Feb. 27).

Take note: all these meetings are in the Midton Hall at 2pm.

We look forward to seeing any member of the congregation or visitor.

Wishing everyone a Happy and Healthy 2023.

John Ferguson
Secretary

ABBAS REST COFFEE TIME



Way back in 2019 -pre Covid and Lockdown, Mo Howie and myself, Muriel were planning a coffee morning for Abbas Rest. 3 years later it actually happened on November 26!

Busy waitresses were never off their feet going round the tables, offering a wonderful selection of home baking and pouring teas and coffees. There were several stalls selling bric a brac, plants, crafts, jam and tablet.

You could win a variety of bottles at the bottle stall and some excellent prizes at the raffle. David Mackay played Christmas music at the piano to help us get in the festive mood.

There was a real buzz in the hall as lots of people crowded in.

The final total raised was £1072.

A sincere thanks to everyone who contributed in any way to this excellent result- so many people gave of their time, energy and money to make it such a success. A special thanks must go to Mo Howie who worked tirelessly behind the scenes.

The orphans and vulnerable children in Malawi will benefit so much from these funds. The cost of living crisis, soaring fuel costs and climate change make life in Malawi more and more challenging.

So once again THANK YOU!!





Get your walking boots on

This group meets on the last Friday of every month. Unless otherwise stated, we meet outside Halfords at Heathfield at 10am in order to car share. The walks are generally 3-4 miles long on easy terrain, and anyone is welcome to join us

January - meet at St Quivox Church Auchincruive at 10am. We will have our coffee break at the Bothy Cafe in Auchincruive and return to Helen's for a light lunch.

February - a loop round Dundonald, starting at the Castle Visitor Centre at 10.20 for those who might want to meet us there.

March - St Nicholas loop. Meet at the car park at Soft Play on Prestwick Sea front at 10am.

Getting the best from what we have

At Ayr St Columba, we have an attractive building more than 100 years old. It has been kept in good repair by the Wednesday team, led by John Stewart. Larger more specialised maintenance and upgrade work is funded by the Church and done by contractors.

When it was built, Ayr St Columba had no heating system. It did have a very good ventilation system with controllable vents on the sides and ceiling of the building. It was designed and built during the age of tuberculosis and good ventilation was key to keeping groups of people safe from infection. Later on, large gas Clyde boilers were installed to improve comfort during the winter months. There is very little insulation in the building and the boilers are inefficient by modern standards, with questionable efficiency of the pipes, radiators and heating controls. Upgrading might help



but where should we start? At present, a lot of fuel is used, enough to provide power and heating for around 5 homes. Recently the cost of this fuel has risen dramatically as there is much less support by Government for price rises of fuel outside domestic use. Our energy use is unsustainable financially as

well as from an ecological perspective.

The Church of Scotland is rapidly contracting and people will rightly ask whether it is worth upgrading buildings which might close in the next few years. It is easy to get paralysed and take no action in an atmosphere of uncertainty. It is tempting to say that the Church building should be replaced by something that is carbon neutral, bristling with solar panels, heat pumps and a host of new technology. Unfortunately new buildings have a

huge carbon footprint as well as high cost. Many of us face the same issues in our homes and wonder how to navigate the high costs of energy and the ever tightening rules on energy related matters in owner occupied and rental buildings.

At Ayr St Columba we have an Elder, John Ballantyne, who is a recently retired chartered civil engineer. Over the last 48 years John has managed and directed teams undertaking engineering design of both hydro and nuclear power stations in the UK and overseas. His daughter Pamela who attended Ayr St Columba Sunday school for many years and married in Ayr St Columba in 1999, is also a civil engineer. She specialises in energy conservation in buildings and has a doctorate in this field. Pamela is currently a lecturer in the built environment at the Bartlett Faculty of the Built environment at University College London. John is compiling a detailed computerised numerical model of our church buildings, advised and guided by Pamela (free of charge), which will enable us to examine a range of energy conservation scenarios for our church buildings, which in turn will guide us in selecting the future most environmentally cost effective energy saving solutions for Church buildings. This numerical model is now under preparation. John has already completed a detailed space and fabric survey of the Church buildings. In addition we have the gas consumption figures measured every half hour going back to the start of July 2022 and less frequent figures for the earlier months of the year.

In addition, John Ballantyne and I have joined “Heathack” on behalf of the Church. This is a non-profit organisation funded by the well respected Royal Academy of Engineering.

We will shortly receive temperature and humidity monitors from them to place around the Church buildings. We then hope to work with users of all the parts of the Church building in order to determine the energy requirements as accurately as possible. We have gained the support of John Stewart and hope to attract the assistance of up to 3 other volunteers in due course.

Gathering data by itself does nothing to improve energy use. It does however show what might be achieved if there are modifications to the way the building and heating system is used. Often, relatively minor investment or change in the pattern of use can have a big impact and we should be aware of any “low hanging fruit”. It is also true that detailed understanding of a building will make it much easier to apply for grants and therefore ease the financial burden if we wish to make improvements in future.

Many Churches are providing “warm spaces” for the general commu-

nity. This is a fundamentally decent thing to do. It gives a role for the Church in the wider community and provides warmth that is sometimes important.

The facts are that when there is a sustained dip of outdoor temperature below 6 degrees centigrade, there is an increase in coronary incidents, strokes and respiratory disease for the next 2 weeks.

Some of this effect is due to an increase in fine smoke from burning certain fuels, especially coal and wood, but some is also a direct effect of cold according to Anthony Seaton, the British expert on this subject. Viruses and bacteria live longer in the cold and people gather indoors in cold weather, increasing the likelihood of infection.

Cold has another unfortunate effect on the working population and on children. Blood flow to the brain is reduced and mental function declines.

Children doing homework in cold homes are at a disadvantage. People doing office work from home with inadequate heating, are also at a disadvantage.

Turning down domestic heating should not be seen as the only way to save on energy bills. Warm clothing helps but is not enough. Access to a warm space outside the home for part of the day helps. Exercise warms us up. Unfortunately we tend to be less active in winter than in warmer months according to the National Institute for Clinical Excellence (NICE).

Churches and community centres have a role to play in the colder months. We should therefore get our house in order!

Andrew Muirhead 07526662044, a.g.muirhead@googlemail.com



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Table Talk

Anyone interested in a new session of Table Talk please contact Helen Greig (hcgreig@icloud.com) or Muriel Wilson (me.wilson@btinternet.com)

Congregation and Parish Register



December – January

DEATHS

“I am with you always to the end of the age” Matthew 28:20

Jim McComiskey Ayr

Elizabeth (Elma) Sinclair South Lodge Court, Ayr

BAPTISM

Lily Jane, infant daughter of Molly and Jason Cohen

WEDDING

On 30 December by Revd. Dr. Scott McKenna

Susan Mills and Kevin Scott

Who to contact

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scottsmckenna@aol.com
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Tel:- 471625

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Tel:- 07847639528

Church Office: Carrick Park, Ayr.

Tel:- 269524 Office hours: 9am-noon, Mon,
Tues, Thurs and Fri

Church Charity Number: SC014338

Church Services (Midton Road):

10am - Family Service;
10am Sunday School,
11.15 - Morning Worship;
6.30pm - Evening Services
(Last Sunday of the month)
2pm: HOLY COMMUNION
(Last Wednesday of Month)

Church Services (Lochside):

10am Morning Worship

Webmaster: Iain Bartholomew,

email: website@ayrstcolumba.co.uk.
www.ayrstcolumba.co.uk

What's on in the halls

MONDAY

5.30pm **RAINBOW BROWNIES**

Aynsley Bell, 07914 842118

2pm: **THE GUILD** (fortnightly):

Mrs D. Bone, 441651

2pm: **MONDAY FELLOWSHIP**

(fortnightly):

Mr T. R. Swinn, 441896

WEDNESDAY

2pm: **HOLY COMMUNION** (4th Wed):

Church Office, 269524

2pm: **FITNESS with FRIENDS:**

Mrs Margaret Doncaster, 477381

6.15: **9th AYR BROWNIES,**

Sally Bentham 07817169436

THURSDAY

10am-noon: **OASIS CAFE**

Mrs M. Doncaster 477381 Mrs P. Naylor
570020

6.30pm: **CUB SCOUTS:**

Mr Jereon Bolte 07511489755

7.30pm: **SENIOR CHOIR:**

Church Office 269524

FRIDAY

6pm: **BEAVER SCOUTS:**

Fiona Wilson, 290414

7.30pm: **SCOUTS:**

Jereon Bolte, 07511489755

SATURDAY

MESSY CHURCH

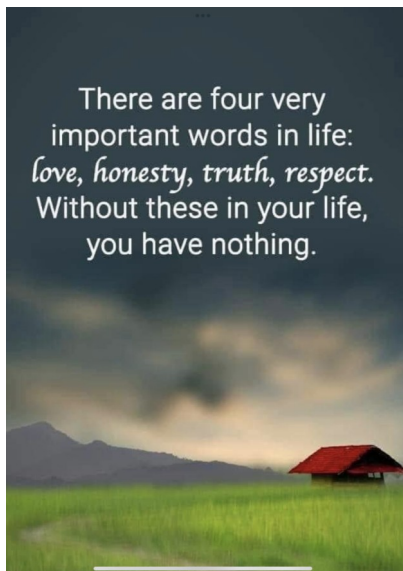
in St Andrew's Church

(First Saturday of the month):

Irene Bartholomew, 269524

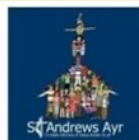


There are four very
important words in life:
love, honesty, truth, respect.
Without these in your life,
you have nothing.



ALLOWAY CHIROPODY CENTRE

Hilary Donaghey
HCPC Registered Chiropodist/Podiatrist
21 Alloway, Ayr KA7 4PY
Telephone 01292 440275
Above Alloway Pharmacy



Come and Sing

Join us on the **2nd** and **4th** Sundays of the month.
7:00pm - 8:30pm in The Breckenridge Lounge,
St Andrew's Parish Church, Park Circus, Ayr

No need to be Pavarotti or Katherine Jenkins
Just simply enjoy singing. We will sing old familiar songs of
fellowship and learn some newer ones along the way.

We hope you will come along and bring a friend
to share in Faith and fellowship.

There will be a break for tea and coffee,

If you have any further questions
contact Jillian Powell - 07773 883 489



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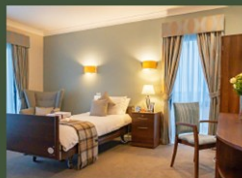
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Happy smiles at the senior Christmas party

Senior members enjoyed their annual Christmas party and this year were joined by friends from the Auld Kirk and St Andrews